

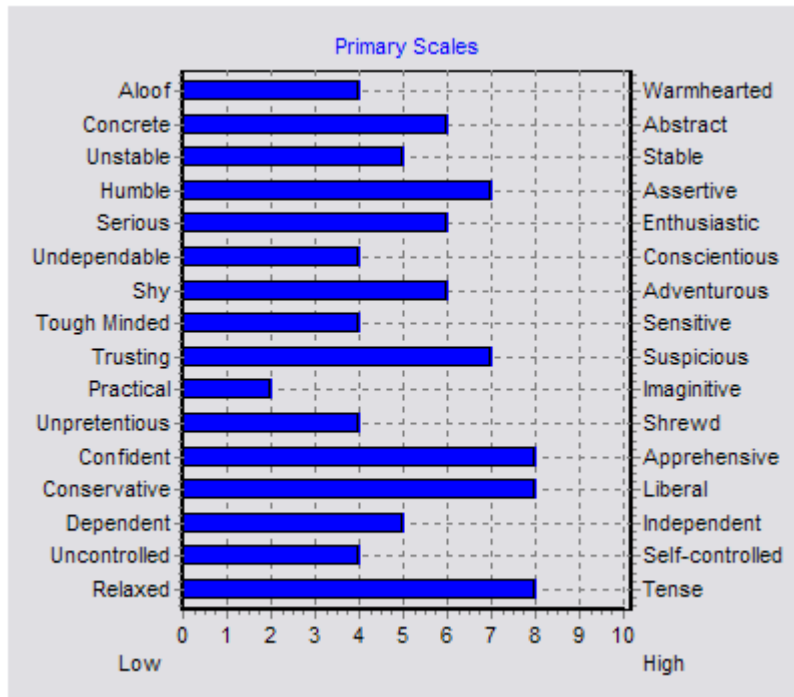


CB Personality Profiler

Interpretive Report (Sample, A - 29-12-97)

WARNING 3

These results may be contaminated due to this subject having responded randomly to the items.



The following primary scales are significant in this profile.

Aloof

Score: Above average

Synonyms: Reserved, detached, critical, aloof, stiff. She shows a tendency to be rather socially reserved and aloof and this may simply point to a reticence towards mixing with other people as the result of a history of dissatisfying relationships. Her preference for solitude may well result in her having time available for academic study or hobbies which she may find far more satisfying. She may be aware of a lack of interest in interacting with others but will certainly be aware that she is not all that popular.

Assertive

Score: Above average

Synonyms: Assertive, independent, aggressive, competitive, boastful, conceited. This indicates a moderate tendency towards an internal orientation and a reliance on her own abilities and strengths. This is sometimes present in the profiles of successful leaders who must readily confront situations, people and decisions and remain in control. Along with this, she may tend to be somewhat arrogant and intolerant of views other than her own and tend to "take over" other people's lives. She will tend to externalise hostile feelings rather than bottle them which may cause her to appear undiplomatic and confrontational at times. This is also associated with a degree of rebellious and unconventional behaviour. The moderate need to be in control and to influence others is the most striking feature of this relatively high dominance score.

Undependable

Score: Above average

Synonyms: Low superego strength, disregards rules, undependable. This relatively low score suggests a tendency to deal with situations without apparent reference to moral values or societal rules. With a reduced sense of obligation, she will tend to do what she wants to regardless of the consequences. The common factor between people with low scores here is that she have some disturbance in their application of socially approved morals. She will either consistently distort the truth about herself, have very few internalised morals or have unconventional moral standards. She may be labelled as undependable because she may behave oddly by conventional standards and have a strange sense of what is right and wrong.

Tough Minded

Score: Above average

Synonyms: Unsentimental, cynical, logical, rejects illusions. This individual will tend to form impressions of the world based on objective analysis and value that which is practical and possible rather than that which is abstract or aesthetic. She will tend to say things the way they are (if she has anything to say at all) and ensure that it is entirely free of emotional content. In short, she will deny that emotions are of any importance and may appear very cynical although she may refer to this as a realistic outlook on life. She will rarely show her own weaknesses and may even keep problems hidden until they become intolerable. Unless she finds relationship partners who are specifically capable of dealing with her apparent lack of open emotionality, she will be rather a loner. This trait may be associated with problematic personal relationships as she will tend to disregard the emotional needs of other people most of the time. Yet, she may take responsibility for many things and be somewhat self-reliant and capable of rather objective decisions.

Suspicious

Score: Above average

Synonyms: Blaming, dogmatic, suspicious, irritable. She will tend to be doubtful of the intentions of others and mistrust them. Likewise, she will not be inclined to accept things as they are presented but will rather subject them to closer scrutiny before accepting them. Most people or events will be viewed as some sort of threat and this may also include the belief that others are talking about her behind her back. She will probably be rather critical of other people and demand that she take responsibility for mistakes which she makes. This derives from fairly rigid and over-defined personal boundaries and a tendency not to identify with other people. One cannot miss the hint of paranoia which this suggests which is closely tied to defensive projection. She may show a consistently low sense of personal well-being and may be prone to illness.

Practical

Score: Very high

Synonyms: Down to earth, conventional, dependable, earnest. At this low level, she will epitomise an environmentally orientated approach to life in which a reliance on practical reality is primary. She will prefer practical occupations and activities which involve little imagination, creativity, theory or abstract thinking. She will prefer to "do" rather than to "think" but, will demonstrate excellent practical judgement and make consistently good decisions based in this. She will be intensely aware of her environment and will have an excellent memory for details. However, if asked to integrate these facts into some theory or abstract idea, she will have some difficulty. Because she will rarely ponder about herself, she may lack personal insight.

Unpretentious

Score: Above average

Synonyms: Unpretentious, genuine, socially clumsy, content. She tends to be honest and open about her intentions and thoughts on most matters. She will tend to play "open cards" with others (often to her own detriment) rather than putting up a front which is best suited to the situation. She may be perceived as careless in what she says and create embarrassment with her openness. However, lacking guile, she is likely to be seen as honest and sincere.

Apprehensive

Score: High

Synonyms: Apprehensive, worrying, troubled, depressed, phobic. She will tend to have a rather low self-esteem and a relative absence of self-worth. She will be a lonely, brooding person with a somewhat elevated need for approval from others. Often named after this, this trait suggests a person who will be rather prone to guilt, worry, shame and self-depreciation. Unhappiness may adequately sum these up as this factor, even at this medium level, is a sure indicator of "psychological pain". This factor points to the potential presence of both anxiety and depression.

Liberal

Score: High

Synonyms: Experimenting, liberal, radical, analytical. Tending to reject convention and tradition in favour of novel, innovative ideas, she will tend to view change positively and embark on it eagerly. Furthermore, she will tend to behave somewhat unorthodoxly and resent authority and dislike being controlled and try to avoid such situations whenever possible. It is this point which results in potential problems in her work as rules are not taken seriously and neither are people in positions of power over her. Such employees are often seen as insubordinate.

Uncontrolled

Score: Above average

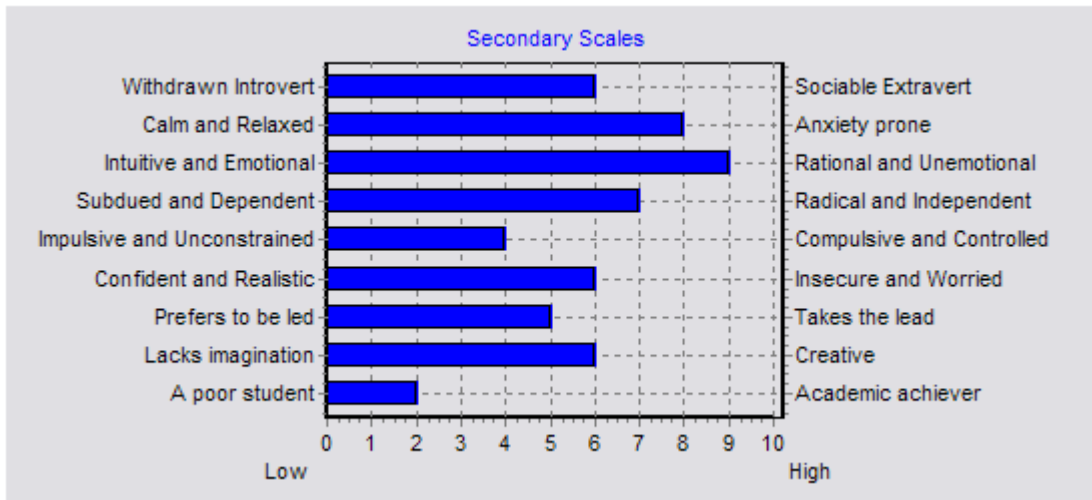
Synonyms: Uncontrolled, lax, careless, impulsive. Being rather disinclined to set ideals for herself and then attempt to live up to these, she will be rather unconcerned about her appearance and the quality of her work. She will not perform well at tasks which are reliant on precision, careful planning or careful execution and this lack of dedication to detail will tend to make her unpopular as an employee. In fact, tending to lack care, she may leave a trail of half-completed tasks or disasters behind her. This individual will tend to lack emotional self-control and her resultant impulsivity may lead to serious social and work related problems. With a reduced ability to deal with anxiety, this may point to expressed pathology depending on other factors in the profile.

Tense

Score: High

Synonyms: Tense, frustrated, driven, overwrought, fretful, jittery. She tends to be temperamentally anxious and stressed and may tend towards poor coping behaviour in stressful situations depending on the other strengths present

in the profile. The presence of this high score must be seen as a cry for help as the items are easy to pick out and deny. Similarly, it is easy to fake and as such should be examined carefully for this. Clinically, this scale points to emotional difficulties but must be interpreted in the context of the overall profile for it to make total sense.



The following high order factors are applicable to this person. Impact ratings are provided to indicate the level to which this trait will influence the respondent's general performance.

- Slight: Very little real impact.*
- Moderate: It will be observable as a behaviour characteristic.*
- High: It will be a fairly major factor in their temperament.*
- Extreme: It is a very significant feature of who they are.*

High Anxiety

This trait is suggestive of a temperamental tendency to be anxious and tense. Made up from a number of primary traits which relate to emotional stability, self-concept and tension, this person tends to be of a nervous and unstable disposition and will cope badly with stress in her life. It is in fact likely that she will be exhibiting some symptoms of stress which may relate to recent traumatic life events with which she is struggling to cope. This should be taken seriously as it points to some form of pathology which may be explained later in this report. **Impact: Moderate**
The major participant primary scales are:

- Unstable : Average
- Adventurous : Average
- Suspicious : High average
- Apprehensive : High
- Uncontrolled : High average
- Tense : High

High Tough Poise

This trait is a composite of cold detachment, tough-mindedness and practicality which points to the respondent taking a logical and dispassionate approach to life and its problems. This person has a need to project a tough exterior to the world which is possibly due to her fearing any form of sensitivity and wishing to have others believe that she is strong and should not be tackled. She will tend to push others away with this attitude and prefer to mix with others of similar nature. Most significantly, she is more influenced by her intellect than her feelings and tends to maintain a high degree of "realism" in her life (which may border on cynicism) and may thus appear aloof and distant. At high levels on this trait, problems with interpersonal relationships are common as the individual will be insensitive to the feelings and emotional needs of others. They are best described as cool, controlled and emotionally detached.

Impact: High

The major participant primary scales are:

- Enthusiastic : Average
- Tough Minded : High average
- Practical : Very high

Independence

This composite trait is made up of dominance, radicalism and self-sufficiency and indicates a person who is largely independent of needs for strong affiliation and tends not to make demands on groups or individuals for nurturing. They are usually strong but, where weaknesses exist in their personality, this may represent a withdrawal response.

This person need not be aggressive but will be difficult to get along with others at times due to her tendency to always want to do things her own way which may represent a rebellious departure from established norms. This scale is related to the Internal pole of the locus of control construct indicating a reliance on self as a source of reinforcement.

Impact: Slight

The major participant primary scales are:

Assertive : High average
Undependable : High average
Adventurous : Average
Practical : Very high (contradictory)
Liberal : High
Group dependent : Average

Low Super-Ego (Acting out Impulses)

In the original Freudian sense, the Super-Ego is related to the will to conform and follow rules as an offset to the Id which is the impulsive, creative aspect of the unconscious. Super-ego strength is a composite made up of conformity and self-discipline and in the case of this respondent where this scale is low, we can expect a person who rejects social rules to some degree and tends to act on impulse rather than carefully thinking things out before taking action.

This type of person will not be driven by guilt or dwell on what is right or wrong. She will be tolerant of others and tend to accept people as are rather than making judgements about them. This may result in her allowing people placed under her control to get out of hand as she will prefer a laissez faire leadership style letting others get on with their own thing. What is most evident in people with low super-ego strengths is their lack of moral reference for their actions which is often manifested in their impulsive behaviour. Classically this also represents the inability to delay gratification which may lead to her being easily upset when circumstances prevent her from acting on her whims.

Impact: Slight

The major participant primary scales are:

Undependable : High average
Uncontrolled : High average

Poor School Achievement

This indicates a difficulty with academic tasks which involve dedicated study of a topic in order to be examined on it. As the scale is a composite of Intellectual ability, Conformity, Imagination, Self-sufficiency and Self-discipline, this low score could be the result of any one or more of these factors being very low. There is a clear implication, however, that this type of person is practical and concrete preferring occupations which emphasise these factors and avoid complex mental activity. *Impact: High*

The major participant primary scales are:

Abstract : Average
Assertive : High average (Contradictory)
Undependable : High average
Practical : Very high
Group dependent : Average
Uncontrolled : High average
Tense : High

The following career information is predicted from these results.

Occupational characteristics which should be avoided:

Creative - Self Expressive Preference (Artistic)

Occupation which allows a degree of self expression and creativity. This is not limited to the typical artistic cluster of professions but can also be seen to include those where innovations are important such as engineering and architecture. These professions all require the production of new concepts or ideas.

Summary Points

There is reason to believe that the respondent responded randomly to the items. This maybe due to a large number of factors including a low boredom threshold or that they found the language of the items difficult to understand. This scale is often significant when respondents with home languages other than that of the test are evaluated.

Some pointers for therapy

She will tend to resist stress and take responsibility for difficulties leading to it. Yet, a high degree of cynicism and possibly bitterness may also characterise her behaviour. Unfortunately, she will show a tendency towards paranoia which may be characterised by a suspicious and dogmatic approach to life. She will often become irritable and intolerant of others on whom she will tend to lay the blame for her hardships. She is prone to guilt and worry and is typical of clients with ulcers and heart conditions. Typically, she will tend to direct aggression at herself and may show signs of deep depression. Again, she lacks the ability to control her urges and will be prone to impulsive behaviour which, in the light of elevated anxiety, complicates matters as she is thus unable to take control of it.

*CBPP Tutor Report Version 1.66B - July 2000
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